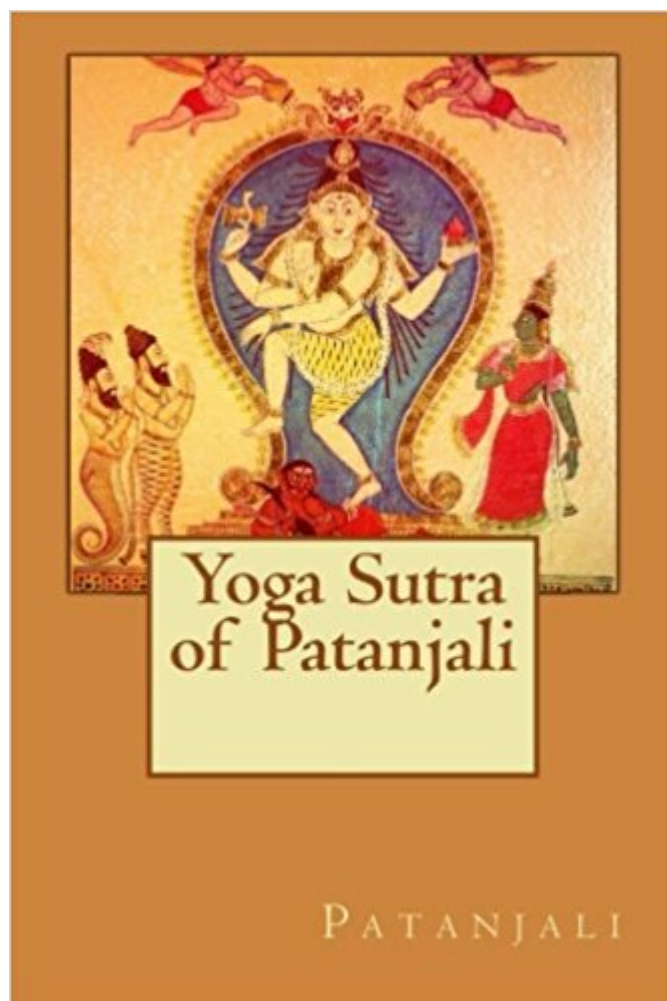


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# Yoga Sutra Of Patanjali



## Synopsis

The Yoga Sutras of Patanjali are in themselves exceedingly brief, less than ten pages of large type in the original. Yet they contain the essence of practical wisdom, set forth in admirable order and detail. The theme, if the present interpreter be right, is the great regeneration, the birth of the spiritual from the psychical man: the same theme which Paul so wisely and eloquently set forth in writing to his disciples in Corinth, the theme of all mystics in all lands.

## Book Information

Paperback: 138 pages

Publisher: CreateSpace Independent Publishing Platform (March 10, 2015)

Language: English

ISBN-10: 1508800898

ISBN-13: 978-1508800897

Product Dimensions: 6 x 0.3 x 9 inches

Shipping Weight: 9.3 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #953,452 in Books (See Top 100 in Books) #39 in Books > Religion & Spirituality > Hinduism > Sutras #212 in Books > Religion & Spirituality > Hinduism > Rituals & Practice #2129 in Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga

## Customer Reviews

With the possible exception of the Bhagavad Gita, the Yoga Sutras of Patanjali is one of the most translated Hindu scripture in existence. The Commentaries are innumerable and rival in number to the translations as well. This book joins the ranks in the many available English versions. The translator of this version "not apparently identified in the book" points out that this is an "interpretation" of this great work. This version contains a commentary on each sutra. It also is a drastic reinterpretation of the work, creating a new terminology in the process. The meaning is there, the essence of the various sutras are present, but instead of retaining the original Sanskrit word of the various concepts found therein, or an ordinary translation, the translator/interpreter has employed his/her own terminology. Thus, instead of avidya, ignorance, the translator/interpreter uses "unwisdom." The gunas are "potencies of nature." Samskaras become "mind-impressions," and pratyayas become "mind images." Dharana becomes, "attention," dhyana becomes "meditation," samadhi becomes "soul vision," and samyama, the

combined concentration of dharana, dhyana, and samadhi, becomes ĀcĀ Āœperfectly concentrated meditation.ĀcĀ Ā•Using terminology in this manner is in many instances conveys more meaning because many of the original Sanskrit words cannot be adequately translated in a single word. The Sanskrit word, vritti is a good example. Some translations render this word as ĀcĀ Āœfluctuations.ĀcĀ Ā• It usually takes a commentary to further explain to meaning of vrittis. This interpretation uses the phrase, ĀcĀ Āœversatile psychic nature.ĀcĀ Ā•This is an entirely different approach to the Yoga Sutras. While other translations have translated the sutras with more descriptive wording, and others have simply retained the original Sanskrit, this presentation goes farther in creating a entirely new terminology wholesale.It is an acquired taste, and you will probably be reading this reinterpretation with another conventional translation at hand to ĀcĀ ĀœtranslateĀcĀ Ā• the translator/interpreterĀcĀ Ā™s meaning, but this version will increase your understanding of this work.

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